

## WE KNOW

Life can be painful. We grieve. We stumble with disappointments. Life is full of stress and distractions. We become alienated. We lose connection with God, with self, with family, and with friends.

## WE BELIEVE

Life is not intended to be empty.

Families deserve to be free from stress and conflict. They can help each other to grow and realize themselves as whole persons.

Couples deserve to enjoy comfort, intimacy, and fulfillment.

Children deserve peaceful and loving environments in which to thrive and develop a healthy sense of self.

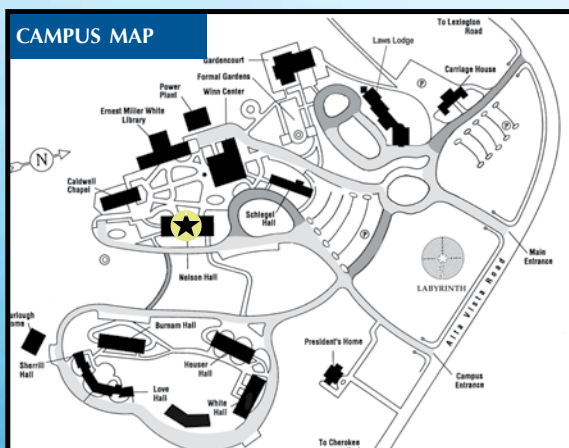
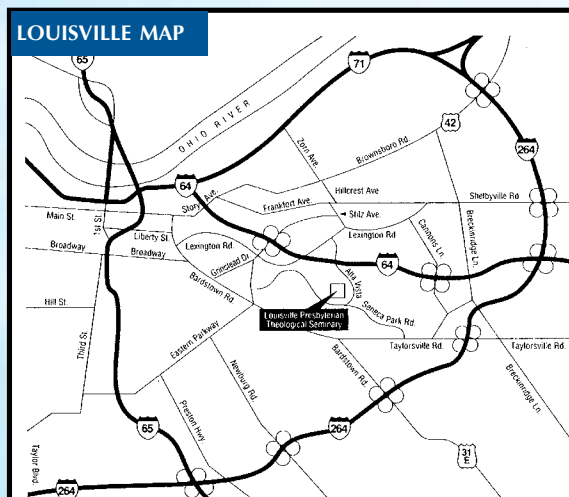
People deserve to experience the healing of emotional wounds in an ever-progressing movement toward wholeness.

## FAITH

Can provide a foundation and an inspiration for the entire web of human experiences. Life is a gift from God; we can have delight in living.

## REMEMBER

We would like to be part of your journey.



If you are driving from the east, west, north, or south, the campus is easy to find by exiting at Grinstead Drive off I-64. Take Grinstead Drive to Lexington Road, turn left. Follow Lexington Road to Alta Vista Road, turn right. Proceed 1/2 mile to Louisville Seminary. Louisville Seminary Counseling Training Center is located in Nelson Hall.



1044 Alta Vista Road | Louisville, KY 40205-1798  
502.894.2293 or 800.264.1839 | [www.lpts.edu](http://www.lpts.edu)

Marriage and Family Therapy  
& Pastoral Counseling for

individuals,  
couples,  
families,  
children,  
and youth.

Louisville Seminary  
COUNSELING TRAINING CENTER

# Louisville Seminary

## COUNSELING TRAINING CENTER

LSCTC is a non-profit, accredited program providing counseling on a sliding fee scale while maintaining quality services. Referrals come from previous clients, pastors, area agencies, and self referrals.

### LSCTC provides counseling for INDIVIDUALS addressing issues with

- Low self-esteem
- Anxiety / depression
- Recovery from abuse (physical, sexual, emotional)
- Anger management
- Forgiveness & healing
- Religious & spiritual conflicts
- Other life issues

### LSCTC offers COUPLES guidance in dealing with

- Premarital counseling
- Marital / relational discord
- Intimate partner violence
- Communication
- Conflict resolution
- Family of origin issues
- Religious & spiritual conflicts

### FAMILIES find support at LSCTC as they address issues with

- Parental dilemmas
- Behavioral problems
- Blended family
- Divorce
- Step-parenting
- Grief / loss
- Adjusting through life stages
- Coping with disability or life-long illness
- Aging concerns

### LSCTC welcomes CHILDREN AND YOUTH as they deal with

- Self-esteem
- Abuse (physical, emotional, sexual)
- Sadness / depression
- School performance
- Anger
- Oppositional / authority issues
- Grief / loss

### WE ARE HERE FOR YOU.

Louisville Seminary Counseling Training Center is an educational site for marriage and family therapists and pastoral counselors. Interns in the Seminary's Master of Arts in Marriage and Family Therapy degree program serve as the facility's counselors, under clinical supervision and working as a team with their supervisors. In this highly rated, Seminary-based program, students gain valuable experience, integrating pastoral care and counseling with clinical therapy from a systemic approach.

The Marriage and Family Therapy degree program is dually accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) of the American Association for Marriage and Family Therapy (AAMFT) and the American Association of Pastoral Counselors (AAPC), which cited the Seminary's program as one of the top in the nation.

If you would like to schedule an appointment, call: 502.894.2293 | 800.264.1839

We are located at:  
Louisville Presbyterian Theological Seminary  
1044 Alta Vista Road, Louisville, KY 40205-1798  
[www.lpts.edu](http://www.lpts.edu)

Contact us for a NEW LOOK AT LIFE