

Introduction to Pastoral Counseling
PC 105-3, Fall 2013
T, Th 1:30-2:50
Schlegel Hall 121

Dr. Carol J. Cook
Schlegel Hall 302
992-9379
Office hours by appt.

Faculty secretary:
Laura March, x382
Schlegel Hall 307

Description

This course provides a foundational orientation to pastoral counseling as a practice of ministry and as a theological bridge discipline connecting ministry and marriage and family therapy. The class will: (1) examine and critique the historical and cultural contexts that formed pastoral counseling; (2) explore contemporary, multicultural expressions and practices of pastoral counseling; and (3) develop a beginning set of theological and counseling resources to guide practice and anchor a practical bridge between ministry and marriage and family therapy. The course attends to parish counseling and counseling by marriage and family therapist specialists.

Objectives

By the end of the semester, students will:

1. Be able to describe and discuss the history of pastoral counseling, its roots in twentieth-century clinical pastoral care movements, and its connection to traditions of psychotherapy.
2. Be able to discuss and critique pastoral counseling's history and practices in the light of multicultural and inter-religious realities, and a multiversal approach to psychotherapy.
3. Be able to describe pastoral counseling as a theological discipline bridging ministry and marriage and family therapy.
4. Identify a personal position for relating theology and behavioral sciences.
5. Develop a beginning understanding of empathy, therapeutic relationships, and pastoral presence and how to employ these in counseling practice.
6. Demonstrate beginning ability to use fundamental counseling skills of joining, assessing, treatment planning, and carrying out a course of treatment.
7. Demonstrate a beginning understanding of how spirituality, religious faith, and resources of communities of faith can be integrated ethically and appropriately into counseling practice.
8. Be able to describe a beginning framework for theological and ethical reflection on their work in counseling.

Student Learning Objectives (SLOs)

This course addresses the following SLOs:

SLO 1a: Ability for all MFT seniors to pass the seminary MFT exit exam

SLO 2: Ability to present and defend a video tape and final case study that demonstrates entry level professional competence

SLO 4: Ability to write a final theological integration statement accompanying their senior case study that is acceptable to the MAMFT Graduation Evaluation Committee

SLO 6: Ability to meet all standards for *Fellow* in the American Association of Pastoral Counselors

Primary texts (entire text to be read; on library reserve)

- Pargament, Kenneth I. *Spiritually Integrated Psychotherapy*. NY: Guilford Press, 2007
- Thompson, Judith. *SCM Studyguide to Theological Reflection*. London: SCM Press, 2008
- Townsend, Loren. *Suicide: Pastoral Responses*. Nashville: Abingdon Press, 2006
- Townsend, Loren. *Introduction to Pastoral Counseling*. Nashville: Abingdon Press, 2009
- Wimberly, Edward P. *Using Scripture in Pastoral Counseling*. Nashville: Abingdon Press, 1994

The following readings are posted on CAMS (see course schedule for assignment dates)

- Bohler, Carolyn J. "God is Like a Jazz Band Leader: Location of Divine and Human Power and Responsibility—A Call to Pastoral Theologians." *Journal of Pastoral Theology* 7 (Summer 1997): 23-42.
- Burke, J.R. and R. J. Hunter. "Pastoral Theology: Protestant." In *Dictionary of Pastoral Care and Counseling*, edited by Rodney J. Hunter, 867-872. Nashville: Abingdon Press, 2005.
- Cook, Carol J. "Empathy: A Bridge between Worlds, A Landscape of Care," *Family Ministry* 20, no.1 (Spring 2006): 29-38.
- Graham, Alice M. "Race and Ethnicity in the Formation of Pastoral Counselors." In *The Formation of Pastoral Counselors: Challenges and Opportunities*, edited by Duane R. Bidwell and Joretta L. Marshall, 87-98. Binghamton, NY: Haworth Press, 2006.
- Holifield, E.B. "Pastoral Care Movement." In *Dictionary of Pastoral Care and Counseling*, edited by Rodney J. Hunter, 845-849. Nashville: Abingdon Press, 2005.
- Kinast, R.L. "Pastoral Theology: Roman Catholic." In *Dictionary of Pastoral Care and Counseling*, edited by Rodney J. Hunter, 873-875. Nashville: Abingdon Press, 2005.
- Lartey, Emmanuel Y. "Pastoral Counselling in Multi-Cultural Contexts." In *International Perspectives on Pastoral Counseling*, edited by James Reaves Farris, 317-329. Binghamton, NY: Haworth Press, 2002.
- Lee, K. Samuel. "Becoming Multicultural Dancers: The Pastoral Practitioner in a Multicultural Society." *The Journal of Pastoral Care* 55, no. 4 (Winter 2001): 389-395.
- Marshall, Joretta L. "Gender Identity, Sexual Orientation, and Pastoral Formation." In *The Formation of Pastoral Counselors: Challenges and Opportunities*, edited by Duane R. Bidwell and Joretta L. Marshall, 113-124. Binghamton, NY: Haworth Press, 2006.
- Neuger, Christie Cozad. "Power and Difference in Pastoral Theology." In *Pastoral Care and Counseling: Redefining the Paradigms*, edited by Nancy J. Ramsay, 65-85. Nashville: Abingdon, 2004.
- Neuger, Christie Cozad. "Pastoral Counseling as an Art of Personal Political Activism." In *The Arts of Ministry: Feminist and Womanist Approaches*, edited by Christie Cozad Neuger, 88-117. Louisville: John Knox Press, 1996.
- Oglesby, W. B. "Referral." In *Dictionary of Pastoral Care and Counseling*, edited by Rodney J. Hunter, 1048-1050. Nashville: Abingdon Press, 2005.
- Patton, J. "Pastoral Counseling." In *Dictionary of Pastoral Care and Counseling*, edited by Rodney J. Hunter, 849-854. Nashville: Abingdon Press, 2005.
- Schlauch, Chris R. "The Pastoral Clinical Attitude." In *Faithful Companionship: How Pastoral Counseling Heals*, 76-103; 170-178. Minneapolis: Fortress Press, 1995.
- Townsend, Loren. "Creative Theological Imagining: A Method for Pastoral Counseling." *Journal of Pastoral Care* 50, no. 4 (1996): 349-363.
- Volf, Miroslav. "Reading the Bible Theologically." In *Captive to the Word of God: Engaging the Scriptures for Contemporary Theological Reflection*, 3-40. Grand Rapids, MI: William B. Eerdmans Publishing Company, 2010.