

PASTORAL DIAGNOSIS AND PSYCHOPATHOLOGY

PC 322-3

Spring 2011

Wednesday, 1:30p.m. - 4:20 p.m.

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Course Description:

Diagnosis refers to an evaluative process that intends to discern and understand dysfunctional relationship patterns in persons, couples, families, and groups, including those in which mental disorders are involved. Effective assessment leads to the selection of appropriate and helpful treatment plans. Pastoral diagnosis places this process of discernment in a theological context and is an exercise in practical theological reflection. In this course students will become familiar with current psychiatric diagnostic categories through the use of the DSM-IV-TR. We will address differential treatment strategies as well as systemic approaches to assessing dysfunctions in family relationships. The diagnostic process will be critically and theologically examined as it applies to marriage and family therapy and pastoral counseling in a variety of contexts.

Inclusive Language:

Learning is fundamentally concerned with communication, self-expression, and personal and social transformation. Learning respects individuals, their feelings, their value and worth, and their particular potential for contribution to common knowledge.

All learning is inherently ethical and political, and theological discourse has traditionally been patriarchal and gender exclusive. In the interest of constructing an inclusive and egalitarian community the Seminary has established a policy that the language (symbols, metaphors) used in class discussions and written work shall be gender inclusive and respectful of all persons and groups as valued human creatures of God.

Racism also permeates our society and is detrimental to any learning environment. We need to use language, symbols, and metaphors that honor our commitment to racial inclusiveness.

Academic Honesty:

Be careful to fully document in your papers any information that is not original. Also be aware that when you summarize information, even when you give the complete documentation information, your summaries should be in your own words and not retain too much of the original author's style.

A paper that presents the ideas or writing of someone else as if they were your own is considered plagiarism, and school and departmental policies on academic honesty will be followed.

Attendance:

In line with seminary policy, attendance at class sessions is expected out of respect for your fellow classmates as well as the instructor. Missing more than six class periods will result in a failing course grade.

Requirements

Class participation is evaluated by the follow criteria:

1. Thoughtful use of material assigned.
2. Ability to engage material and classmates.
3. Openness to reflect critically on the implications of ideas from readings and presentations.
4. Prompt, regular attendance; absences and/or tardiness will seriously impact your participation grade.

Written assignments (10% each)

1. Write a 3-4 page theological reflection paper on a clinical vignette applying your insights from Pruyser's categories (Chapter 5), Jordan's *Taking on the Gods* (Chapters 1-3), Josephson (Chapters 1-4 & 11), or Taylor's *Speaking of Sin*. (Books on library reserve)
Due February 23.
2. Write an AXIS I-IV diagnosis based on a clinical vignette that is provided by the professor. Identify research that supports your diagnosis, and provide a differential diagnosis. **Due March 2.**
3. Select a Chapter from the book edited by Teresa Snorton & Jeanne Stevenson Moessner. (Book on library reserve) Write a 6-7 page paper that engage the following: The population presented in the Chapter is culture X. "How do people from culture X view mental disorders differently from Western culture?" "What are the implications for counselors working with people of culture X?" What are some of the authors sources for sustained cultural sensitivity that you find important for working with culture X in the reading? What norms in pastoral counseling help you to engage cultural myths? **Due March 16.**
4. Write a 3-4 page reflection paper on your family of origin using the Rigazio-DiGilio, et. al. text on library reserve. Structure your reflection on insights gained from the exercises in Chapters 2-3 and incorporate class resources. **Due April 6.**
5. Select a Chapter from the book edited by Snorton & Stevenson-Moessner. Write a 3-4 page review of the Chapter, and be prepared to contribute you reflections concerning cultural and ethical considerations that are important to you for selecting diagnostic and treatment resources for the population represented. How does this exercise assist you to

clarify your own ethical commitments in regard to making decisions about psychopathology? **Due April 20.**

6. Write a clinical case from your practice or your ministry. Diagnose AXIS I-IV. Include differential diagnosis. Write a 4-5 page paper that respond to the following: “Does the spiritual view of the pastoral counselor impact care?” “Does research indicate that spiritual growth results from healing?” **Due April 27.**

In-class presentation (20%)

Present on a DSM-IV-TM diagnostic category. Write a 5-6 page write-up of the diagnostic category that includes a critical analysis. Consult recent (within the last ten years) literature on the selected diagnostic category. Highlight significant issues related to your understanding of the diagnostic category, and controversies involved in the assessment approach. Use video clips and other resources to illustrate symptoms that are characteristic of the diagnostic category.

Conceptualize your theological/spiritual/ethical commitments that guide you, and influence your counseling relationships with a client/family/group that may be characterized in this way. Discuss what helps you to make ethical judgments? **Presentation and date assigned by professor.**

Take home final case (20%).

Write a clinical case using the clinical format for practicum presentation. Provide AXIS I-IV diagnosis, and a differential diagnosis. Support your diagnosis with the literature (more than five sources). What are the challenges for pathological diagnosis cited in the literature? What are the advantages of the medical model of characterizing mental illness for marriage and family therapy? How might the medical model assist you in your future work as a therapist? Examine the cultural relationship between spirituality and psychopathology for the self of the therapist. How does the self of the therapist contribute to the formulation of diagnosis of the case? **Due in my office on May 18 by noon.**

Some examples of research topics that may emerge in clinical cases for the therapist:

Does research support the inclusion of spiritual values (forgiveness, repentance, the symbols, and etc.) in psychotherapy?

What does research indicate about the value of spirituality in the care of the terminally ill?

What does research show about the impact of childhood sexual abuse and/or physical abuse on a victim's spiritual formation?

What does research show about the spiritual components contributing to better coping skills for dealing with life crisis? What kind of spirituality?

Does research indicate spiritual growth as a result of healing from PTSD?

**** Th.M. and D.Min. students** taking this course are expected to complete 250 pages of additional reading, and write a 10-15 page summary and analysis of the reading.

Evaluation:

Graduate level writing is expected in this course. This includes clear organization, correct grammar, careful proofreading and proper citation of sources. Double-spaced, 12 font, one inch margins are considered standard in this class unless otherwise specified. Grading of all written material will be affected by careless writing. The Academic Skills Center provides instruction in all of these matters. No late papers will be accepted.

ASC (the Academic Support Center) is available Mon. and Wed. from 9:00-5:30 and Tues., Thurs., and Fri. from 9:00-3:30 or other times by appointment. Please call or stop by to make an appointment, or visit our website at:

http://lpts.edu/Academic_Resources/ASC/Online_Writing_Lab.asp

Tutors are available to work with you on study habits, reading skills, and writing assignments.

Grading Scale:

A	93-100	C+	77-79
A-	90-92	C	73-76
B+	87-89	C-	70-72
B	83-86	D	60-69
B-	80-82	F	Below 60

Required Reading on library reserve

- Jordan, M. (1988). *Taking on the gods: The Task of the Pastoral Counselor*. Nashville, TN. Chapters 1-3.
- Josephson, A. & Peteet, J. (2003) *Handbook of Spirituality and Worldview in Clinical Practice*. Arlington, VA. Chapters 1-4 & 11
- Morrison, J. (1995). *DSM-IV Made Easy: The Clinician's Guide to Diagnosis*. NY: Guildford Publications, Inc.
- Pruyser, P. (1976). *The Minister as Diagnostician*. Philadelphia: Westminster Press.
- Rigazio-DiGilio, et.al. (2005) *Community Genogram: Using Individual, Family and Cultural Narratives with Clients*. New York:NY. Chapters 1-3.
- Roth, Anthony & Peter Fonagy. (2005) *What Works for Whom?* NY: Guildford Press.
- Stevenson-Moessner, Jeanne & Teresa Snorton, editors. (2009) *Women Out of Order: Risking Change and Creating Care in a Multicultural World*. Minneapolis: Fortress Press.
- Taylor, B. B. (2002). *Speaking of Sin: The lost language of salvation*. Cambridge, MA: Cowley Publications.

Recommended Reading on Library reserve

- L'Abate, L. *Family Assessment: A Psychological Approach*.
- McWilliams, Nancy. (1994) *Psychoanalytic Diagnosis: Understanding Personality Structure in Clinical Practice*. Guilford Press. Part I.
- Sperry, L. (2003). *Handbook of Diagnosis and Treatment of DSM-IV-TR Personality Disorders* (5th ed). New York: Brunner-Routledge.
- Walsh, Froma, editor. (2009) *Spiritual Resources in Family Therapy*

Class Schedule

PART I

February 16

Introduction to Pastoral Diagnosis

Library reserve texts and articles:

Jordan, M. Chapters 1-3

Taylor, B.B.

Josephson, Chapters 1-4, 11

February 23

Pastoral Diagnosis

Reading Guide:

Roth & Fonagy. Chapter 1

Morrison, Introduction, Appendix

Library reserve texts and articles:

McWilliams, Introduction, Chapter 1, 2

March 2

DSM-IV-TR Diagnosis- Use of Manual and Classification System

DSM Multiaxial Assessment

Reading Guide:

Morrison. Chapter 17

Roth & Fonagy. Chapter 2

Library reserve texts and articles:

McWilliams. Chapter 3

March 9

DSM-IV-TR Diagnosis- Cultural and Ethical Considerations

Delirium, Dementia, Amnestic Disorders

Reading Guide:

Morrison. Chapter 1,18

Roth & Fonagy. Chapter 3, 16

Library reserved texts and articles:

Sperry. *Handbook of Diagnosis & Treatment of DSM-IV-TR Personality Disorders*

McWilliams. Chapter 4

March 16

DSM-IV-TR Diagnosis –Cognitive and Mental Disorders Due to General Medical Condition

Reading Guide:

Morrison. Chapter 2

Roth & Fonagy. Chapter 15

Library reserve texts and articles:

McWilliams. 5

Case Presenter:

Movie: Women Have Curves

March 23
Research and Study Week

PART II

Each individual will lead a class session on an assigned topic. You will prepare movie clips to demonstrate your topic. Each student will present a case during the class session in which a Pastoral diagnosis will be presented. You will prepare a paper to submit to the instructor and an outline for each class member during the presentation. Each presentation should attend to the following dimensions of the case:

- a. Research and diagnosis
- b. Social and cultural dimensions
- c. Theological reflection
- d. Systemtic critique
- e. Ethical considerations

March 30

Substance Related Disorders & Psychotic Disorders

Reading Guide:

Morrison, Chapter 2-3

Roth & Fonagy .Chapters 10, 12

Library reserved texts and articles:

McWilliams. Chapter 6

Case Presenters:

Movie: A Beautiful Mind, A Disquieted Mind

April 6

Mood Disorders and Anxiety Disorders I & II

Reading guide:

Morrison, Chapter 5-6

Roth & Fonagy, Chapters 4-6

Library reserve text and articles

McWilliams. Chapter 10, 11

Rigazio-DiGilio, et.al. Chapters 1-3.

Case Presenters:

Movie: Anger Management, What About Bob?

April 13

Somatoform Disorder and Factitious Disorder

Reading guide:

Morrison Chapters 7-8

Library reserve texts and articles:

McWilliams. Chapter 7

Case presenters:

Movie: What About Bob? The Sixth Sense, Dressed to Kill

April 20

Dissociative Disorder and Sexual and Gender Identity Disorder

Reading Guide:

McWilliams. Chapter 14, 15

Morrison. Chapter 9 – 10

Roth & Fonagy. *What Works for Whom*, Chapters 13

Library reserve texts and articles:

McWilliams. Chapter 7

Bibliography resources:

Marshall. *Counseling Lesbian Partners*, Chapter 1, p 1-15

Levant. *A New Psychology of Men*, Chapter 12

Case Presenters:

Movie: *Fight Club*, *Code Name the Cleaner*, *Boys Don't Cry*

April 27

Eating Disorders and Sleep Disorders

Reading guide:

Morrison, Chapter 11-12

Roth & Fonagy, Chapter 9

Case Presenters:

Movie: *The Machinist*

May 4

Impulse Control Disorder and Adjustment Disorder

Reading Guide:

Morrison, Chapter 13 -14

Library reserved texts and articles:

McWilliams. Chapter 13

Case Presenters:

Movie: *American Psycho*, *As Good As It Gets*

May 11 (last day of classes)

Personality Disorders, Cluster A, B, & C

Disorders Usually Diagnosed in Infancy, Childhood or Adolescence

Reading Guide:

Morrison, Chapter 15 -16

Roth & Fonagy. *What Works for Whom*, Chapters 11 & 14

Library reserved texts and articles:

McWilliams. P145-148, Chapter 14

Sperry, L. (1999). *Cognitive Behavior Therapy of DSM-IV Personality Disorders*

Case presenters:

Movies: *Drowning Mona*, *Misery*

May 18 *Final due in my office by noon.*

Bibliography

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- Boyd-Franklin, N. (2003). *Black Families in Therapy: Understanding the African American Experience* (2nd ed.). New York: Guilford Press.
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- Family Therapy Magazine*. (2002, May/June). 1(3), 10-25.
- Friedman, M. (1981). *Martin Buber's Life and Work*. New York: E.P. Dutton.
- Hardy, K. (2004, Nov/Dec). Social healing, *Psychotherapy Networker*, 38-39.
- Hines, P. M. (1999). The Family life Cycle of African American families living in poverty. In Carter & McGoldrick (Eds.), *The Family Life Cycle*, Allyn and Bacon.
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- Jeglic, Pepper, Ryabchenko, Griffith, Miller, & Johnson. (2005, January). A caregiving model of coping with a partner's depression. *Family Relations*, 54(1), 37-45.
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- Kaslow, F. (Ed.). (1996). *Handbook of Relational Diagnosis and Dysfunctional Family Patterns*. New York: John Wiley & Sons, Inc.
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- L' Abate, L. (1994). *Family Evaluation: A psychological approach*. London: Sage Publications, Inc.
- Levant, R. & Wollack, W. (Eds.). (1995). *A New Psychology of Men*. New York: Basic Books.
- Linahan, M. M. (1993). *Skills Training Manual for Treating Borderline Personality Disorder*. New York: Guilford Press.
- Marshall, J. L. (1997). *Counseling Lesbian Partners*. Louisville, KY: Westminster John Knox Press.
- Miklowitz, D. J. & Goldstein, M. J. (1999). *Bipolar Disorder: A family focused treatment approach*. New York: Guilford Press.
- Morrison, J. (1995). *DSM-IV Made Easy: The Clinician's Guide to Diagnosis*. New York: Guilford Press.
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- Pinderhughes, E. (1989). *Understanding Race, Ethnicity, and Power*. New York: The Free Press.

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- Pruyser, P. (1976). *The Minister as Diagnostician*. Philadelphia: Westminster Press.
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- Stevenson-Moessner, J. (Ed.). (2000). *In Her Own Time*. Minneapolis, MN: Fortress Press.
- _____, ed. (2009) *Women Out of Order . . .* MN: Fortress Press.
- Taylor, B. B. (2002). *Speaking of Sin: The lost language of salvation*. Cambridge, MA: Cowley Publications.

Movies:

<http://www.imagiscape.ca/research/art/Movies%20and%20Mental%20Illness%20Filmography.htm>

Ordinary People	Fight Club
Good Will Hunting	The Machinist
Pay it Forward	Psycho
As Good As It Gets	Last King of Scotland
A Beautiful Mind	Orphan-
The Unquiet Mind	American Beauty
I'm Dancing as Fast as I Can	Swim Fan- obsession
Breakdown	Butterfly Effect- trauma
White Orleander	Code Name the Cleaner
The Dream Team	She Devil
One Flew Over the Cuckoo's Nest	Misery
What About Bob	Drowning Mona
Corrina, Corrina	Mommy Dearest
Benny & Joon	Soprano's
My Girl	Single White Female

What's Eating Gilbert

Two Hours

Unstrung Heroes

American Psycho

What's Eating Gilbert Grape (family systems)

Dying to be Thin

Dressed to Kill

I Robot

Matilda

Perfect Illusions (eating)