

**HUMAN GROWTH AND TRANSFORMATION**  
**PC 408-3, Fall 2013**  
**Wed, 1:30-4:20**  
**Schlegel Hall 121**

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***Course Description***

Various perspectives on the developmental process will be examined from the fields of theology, psychology, sociology, and marriage and family therapy. Attention is given to the growth of cognitive structures within various cultural contexts; psychosocial, moral, and faith development through the life span; issues surrounding the family life cycle; and models of transformation, both personal and systemic. The course encourages students to reflect on their own developmental experiences in light of their religious heritage as well as to explore the implications of course content for their ministries of pastoral care and counseling in a multicultural world.

***Student Learning Outcomes***

By the end of the course, students will have the ability to

1. Recognize, critique, and utilize individual psycho-social and faith development theories as they inform clinical and pastoral case conceptualizations and interventions
  - a. Relates to AAMFT core competency 2.3.8: to demonstrate a preliminary ability to integrate these factors into clinical observations that relate to eliciting a relevant and accurate biopsychosocial-spiritual history to understand the context of the clients' problems and 2.3.10: to help identify clients' strengths, resilience, and resources.
  - b. Relates to all four MAMFT program goals and to SLO 2 and 4
  - c. Relates to MDiv program SLO 3
2. Comprehend and utilize the multicontextual life cycle framework involved in case and situation assessments
  - a. Relates to AAMFT core competency 1.2.1: to recognize contextual and systemic dynamics that affect individual and family life cycle development and (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, spirituality, larger systems, social context)
  - b. Relates to MFT program SLO 2 and 5
  - c. Relates to MDiv program SLO 9
3. Understand the principles of human development such as gender development, family development and processes; diversity; power, privilege, and oppression (AAMFT core competency 2.1.1)
  - a. Relates to MFT program SLO1a and b
  - b. Relates to MDiv program SLO 5, 6, and 7

## ***Bibliography***

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- Berger, Kathleen Stassen. *The Developing Person through the Life Span*, 7<sup>th</sup> ed. New York: Worth, 2008.
- Dykstra, Craig. *Growing in the Life of Faith: Education and Christian Practices*. Louisville: Geneva Press, 1999.
- Fowler, James W. "Faith Development at 30: Naming the Challenges of Faith in a New Millennium." *Religious Education* 99, no. 4 (Fall 2004): 405-421.
- Friedman, Harris, Stanley Krippner, Linda Riebel, and Chad Johnson. "Models of Spiritual Development." In *The Oxford Handbook of Psychology and Spirituality*, edited by Lisa J. Miller, 207-220. Oxford: Oxford University Press, 2012.
- Kundtz, David J. and Bernard S. Schlager. *Ministry among God's Queer Folk*. Cleveland: The Pilgrim Press, 2007.
- Liebert, Elizabeth. *Changing Life Patterns: Adult Development in Spiritual Direction*, expanded edition. St. Louis: Chalice Press, 2000.
- \*McGoldrick, Monica, Better Carter and Nydia Garcia-Preto. *The Expanded Family Life Cycle: Individual, Family, and Social Perspectives*, 4<sup>th</sup> ed. Boston: Allyn & Bacon, 2011.
- McGoldrick, Monica, Randy Gerson, and Sueli Petry. *Genograms: Assessment and Intervention*, 3<sup>rd</sup> ed. New York: W.W. Norton & Company, 2008.
- Pargament, Kenneth I. "The Meaning of Spiritual Transformation." In *Spiritual Transformation and Healing*, edited by Joan D. Koss-Chioino and Philip Hefner, 10-24. Lanham, MD: AltaMira Press, 2006.
- \*Peace, Jennifer Howe, Or N. Rose, and Gregory Mobley, eds. *My Neighbor's Faith: Stories of Interreligious Encounter, Growth, and Transformation*. Maryknoll, NY, Orbis Books, 2012.
- Rogoff, Barbara. *The Cultural Nature of Human Development*. New York: Oxford University Press, 2003.
- \*primary course text